

A photograph of a pig in a metal cage. The pig's mouth is wide open, showing its tongue and teeth. The cage is made of metal bars, and the pig is positioned behind them. The background is dark and indistinct.

**PORK:
ANOTHER
CRUEL
MEAT**

**PLEASE DON'T TURN YOUR BACK ON HER –
SHE CAN'T EVEN TURN AROUND.**



Ever been stuck behind the wheel in bumper-to-bumper traffic? You can't go anywhere – you can't even get out of your car. Your legs begin to ache and beg to be stretched.

The frustration builds.

Now imagine that you're there for years.

Photo credits: Farm Sanctuary

 **COMPASSION
OVER KILLING**

FACTORY-FARMED PIGS DON'T HAVE A CHOICE – BUT YOU DO!

That's the reality of life for millions of mother pigs raised on factory farms in the U.S. each year. Treated like mere machines, they spend their entire pregnancy – day after day – intensively confined inside metal crates that are so small, they can't even walk or turn around. A few weeks before giving birth, they're moved into yet another narrow crate where, still unable to move freely, they'll nurse their piglets for a few short weeks. Then the pregnancy cycle starts all over again. Four or five years later, their exhausted bodies are sent to slaughter.

Piglets are taken away from their mothers just a few weeks after birth. These animals, whose natural behaviors include rooting through dirt, live out their lives in barren, overcrowded pens. Frustrated, they begin to bite the bars – and one another. Instead of giving them more room, the industry chops off their tails, crushes their baby teeth, and castrates males – all without any painkillers!



YOU CAN HELP STOP THEIR SUFFERING.

There are virtually no U.S. laws protecting pigs, or any other farmed animals, from mistreatment while on the farm. Each year in our country, roughly 100 million pigs – animals who are as social and intelligent as dogs – are routinely subjected to abuses so horrific they would warrant charges of cruelty to animals if dogs or cats were treated the same way.

Yet pigs endure such tremendous suffering simply for pork, hot dogs, bacon, sausage, and other products made from their flesh.

WHAT CAN I DO?

- **Choose vegetarian foods.** Look for veggie hot dogs, soy sausage, or other meatless items available in major grocery stores everywhere.
- **Visit TryVeg.com** to order a FREE *Vegetarian Starter Guide*.
- **Ask your school or workplace cafeteria to offer more meat-free options** – because everyone deserves a choice.
- **Let your family and friends know** how factory-farmed animals are abused, and show them how tasty meat-free foods can be!
- **Contact [Compassion Over Killing](http://CompassionOverKilling.org)** to learn about how you can make a difference for animals.



**COMPASSION
OVER KILLING**

P.O. Box 9773 • Washington, DC 20016 • www.cok.net
info@cok.net • T: 301-891-2458 • F: 301-891-6815

YES! I WANT TO HELP END ANIMAL SUFFERING!

- Please send extra copies of this flier to distribute
- Please send me a *Vegetarian Starter Guide* and recipes

Name

Address

City, State, Zip

Email